

Next Steps and Q&A



- State advocacy engagement plan
- National Down Syndrome Advocacy Coalition(NDAC)
- Resources/NDSC Website
- Questions?



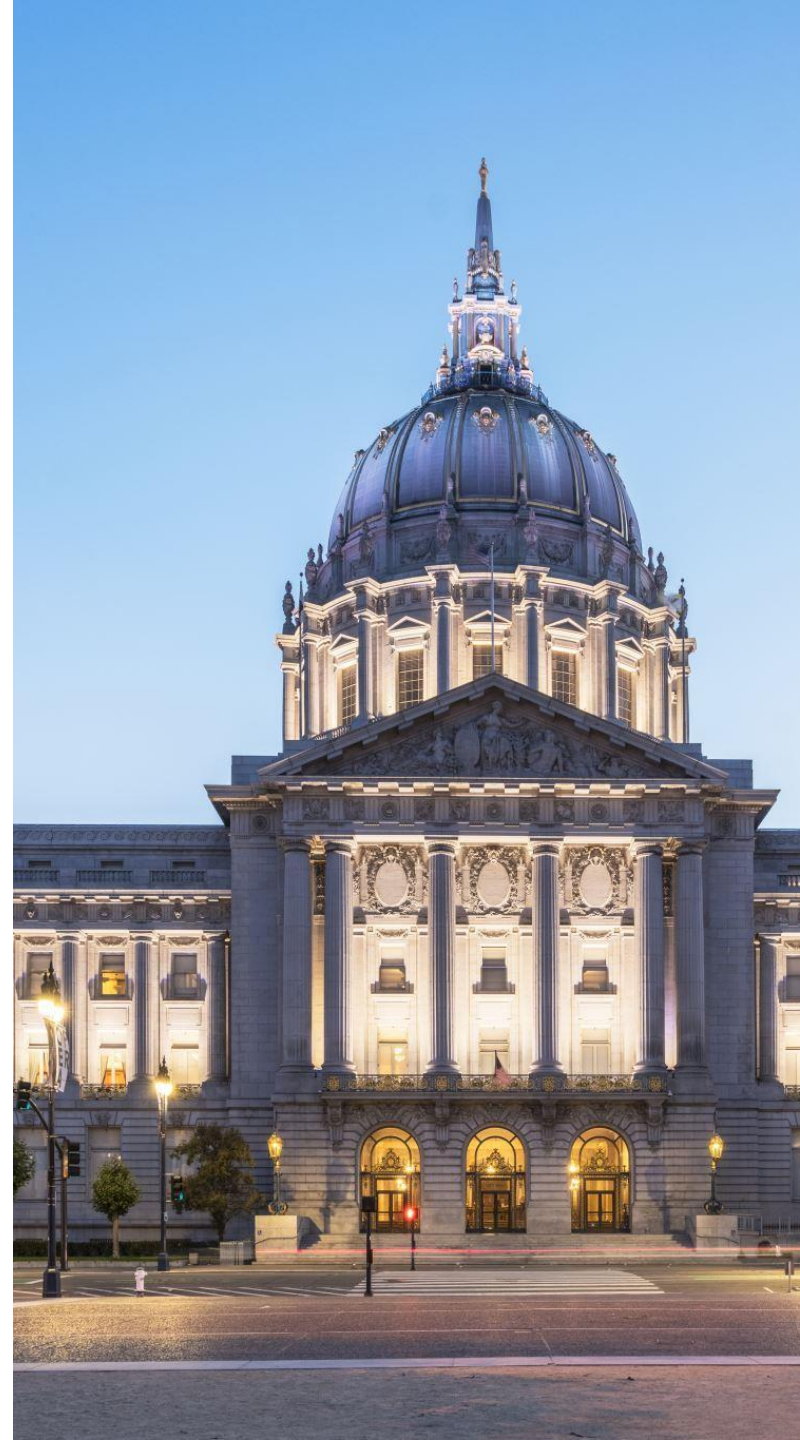
Heather Sachs
NDSC Policy & Advocacy
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State Advocacy Engagement Plan

Learn about your state legislature

- <https://www.congress.gov/state-legislature-websites>
- Length and dates of session
- Learn about your state legislators
 - <https://www.usa.gov/elected-officials>
 - Constituency is paramount
 - Are they in leadership positions?



State Advocacy Engagement Plan

- Identify other disability groups
 - State Developmental Disabilities Council
 - State Protection & Advocacy Organization
 - State level chapter of the Arc
 - Any autism or other disability-specific groups
- Do they focus on or specialize in particular issues?
- Are you interested in advocating for any of those issues?

State Advocacy Engagement Plan



Individual coalition-building and networking

Who are the other NDAC members in your state? Contact us to ask – policy@ndsccenter.org

Statewide DS or IDD coalitions? Cross-disability coalitions or workgroups?

SELF-ADVOCATES, SELF-ADVOCATES, SELF-ADVOCATES!



Opportunities for Learning and Outreach

Partners in Policymaking

DD Day at your state legislature

UCEDD and LEND program

World DS Day

Public events (town halls, briefings, etc)

NDAC Membership



NDAC Members- NDSC members of all abilities/levels of advocacy experience (anyone can join).

NDAC Group Members- NDSC Affiliate Program Subscribers who have opted to join the NDAC program, or other groups (cross-disability, other disability, statewide coalitions).

Simply submit a brief application online and you will be contacted by one of our team members.

NDAC Member Application: <https://goo.gl/KbuLe4>

- NDAC Group Member Application: <https://goo.gl/1hQ1af>
- After joining NDAC, be sure to join our private NDAC Facebook group - <https://www.facebook.com/groups/NDSCNDAC/>

Questions? Visit <https://www.ndsccenter.org/political-advocacy/national-down-syndrome-advocacy-coalition/>

or email policy@ndsccenter.org

NDAC

National Down Syndrome
Advocacy Coalition

The National Down Syndrome Advocacy Coalition (NDAC) is the National Down Syndrome Congress' (NDSC) grassroots advocacy program designed to educate individuals with Down syndrome, their family members, and other allies about policy issues and give them the advocacy tools and techniques they need to effectively engage with lawmakers, agencies, and other key decision makers to advocate for policy change.

NDAC works to involve and engage more advocates, including individuals with Down syndrome, their family members, and other allies who support our Down syndrome community. If you or someone you know wants to impact change for individuals with Down syndrome, NDAC is for you!

NDAC membership grants access to:

- Quarterly webinars, resources, and information
- Private Facebook group
- Networking opportunities and more!



Ready to Join or Learn More?

Scan the QR code or visit www.ndsccenter.org/political-advocacy/national-down-syndrome-advocacy-coalition for the NDAC FAQ and online application.



NDAC Goals & Engagement 2024

We have NDAC Members across all 50 states and the District of Columbia

Short Term Goal:

A minimum of one self-advocate in each state (see next slide)

Mid-term goal: Identify, enlist, and engage NDAC members from key Congressional committee leaders' districts

Long Term Goal:

Two- three self-advocates in each state

Long-term goal: At least one member from all 435 Congressional districts



NDAC by the Numbers

- **NDAC Members:**
 - 905 members across all 50 states and the District of Columbia
- **Self-Advocate Members:**
 - 111 from 37 states and the District of Columbia
- **NDAC Group Members:**
 - 63 in 28 states & 3 countries
- **NDAC Facebook Group Members:**
 - 459 members



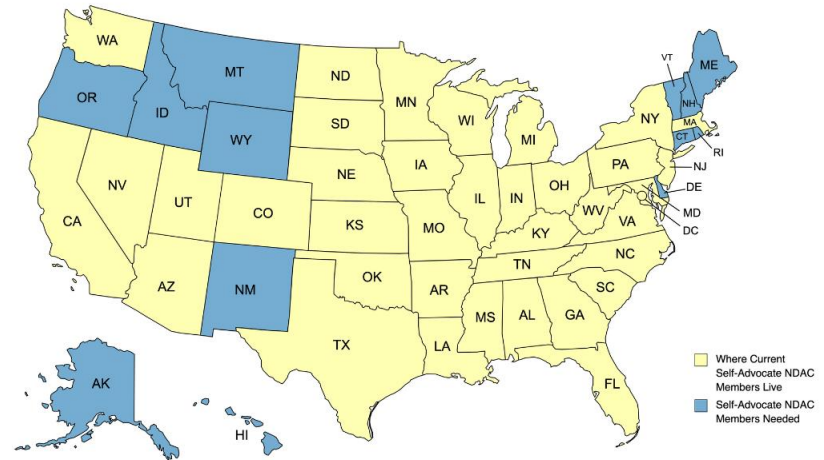
NDAC Goal: Self-Advocate Member in Every State

Current: 111 self-advocate members in 37 states and the District of Columbia

***States where we need
self-advocate members:***

Alaska
Connecticut
Delaware
Hawaii
Idaho
Maine
Montana
New Hampshire
New Mexico
Oregon
Rhode Island
Vermont
Wyoming

Self-Advocate NDAC Members Across the U.S.



Policy & Advocacy Resources on the NDSC Website

Many training resources including the presentations and handouts from the 2024 NDSC Advocacy Training Boot Camp at the NDSC Convention can be found year-round on **NDSC website under the Policy & Advocacy tab under Training Resources** - <https://www.ndsccenter.org/political-advocacy/advocacytrainings/>

- Resource List with links including how to find your elected officials and bill tracking
- Examples of Self-Advocate One-Pagers
- Self-Advocate One-Pager Template
- NDSC Policy Advocacy Toolkit for Self-advocates
- 2024 Advocacy Training Boot Camp PowerPoint Presentations

For more info about our NDSC Congressional Policy Agenda and other resources, visit: <https://www.ndsccenter.org/political-advocacy/legislative-priorities/>

These are excellent resources to share with individuals wanting to become stronger advocates.





Questions and Stay up-to-date with NDSC Policy Communications!

- **Action Alerts**

<https://www.ndsccenter.org/political-advocacy/take-action-stay-informed/>

- **Facebook**

- NDAC Members may join the private NDAC Facebook group

<https://www.facebook.com/groups/NDSCNDAC/>

*If you can only commit to one thing,
sign up for Action Alerts!*

Follow NDSC on Social Media!



@thendsc



@ndscongress



@NDSC



National Down Syndrome Congress



@NDSCCENTER



**NATIONAL
DOWN SYNDROME
CONGRESS**

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Contact information for all presenters can be found on the Convention App.

Contact the NDSC Policy and Advocacy team at policy@ndsccenter.org



**NATIONAL
DOWN SYNDROME
CONGRESS**