

# SCHEDULE AT A GLANCE

\*ALL DETAILS ARE SUBJECT TO CHANGE

## THURSDAY

10:00 AM - 8:00 PM  
**Human Trisome Project**

10:30 AM - 7:30 PM  
**NDSC Convention  
Registration**

12:00 PM - 4:00 PM  
**GLOBAL Research &  
Medical Roundtable**

1:00 PM - 7:00 PM  
**Exhibit Hall**

4:30 PM - 6:00 PM  
**Self-Advocate Council  
Meeting & Dinner**

7:30 PM - 8:00 PM  
**Welcome Session**

8:00 PM - 9:30 PM  
**Family Fun Night**

## FRIDAY

7:00 AM - 4:00 PM  
**NDSC Convention  
Registration**

7:00 AM - 8:00 AM  
**Ninja Fitness with Cody**

7:00 AM - 9:00 AM  
**Breakfast Meal Plan**

7:45 AM - 11:15 AM  
**Kids Camp Session 1**

8:00 AM - 3:00 PM  
**Educators Conference**

8:00 AM - 11:30 AM  
**Advocacy Training  
Boot Camp**

8:00 AM - 11:00 AM  
**Deep Dive Sessions**

8:30 AM - 4:30 PM  
**Exhibit Hall**

9:00 AM - 8:00 PM  
**Human Trisome Project**

11:00 AM - 12:30 PM  
**Lunch Meal Plan**

11:00 AM - 12:30 PM  
**African American Lunch**

12:30 PM - 5:30 PM  
**Kids Camp  
Session 2**

12:30 PM - 5:30 PM  
**Youth & Adult Conference  
Kickoff Party**

12:30 PM - 5:30 PM  
**Siblings Conference  
Kickoff Party**

12:45 PM - 2:15 PM  
**General Workshop  
Cycle 1**

2:45 PM - 3:45 PM  
**General Workshop  
Cycle 2**

4:15 PM - 5:15 PM  
**General Workshop  
Cycle 3**

6:00 PM - 7:00 PM  
**Awards Reception**

7:30 PM - 8:30 PM  
**VIP Reception  
\*Invite Only**

7:00 PM - 8:30 PM  
**Sharing Sessions**

7:30 PM - 9:30 PM  
**Dance**

## SATURDAY

7:00 AM - 8:00 AM  
**Yoga**

7:00 AM - 9:00 AM  
**Breakfast Meal Plan**

8:00 AM - 12:00 PM  
**NDSC Convention  
Registration**

8:00 AM - 6:00 PM  
**Human Trisome Project**

8:00 AM - 9:00 AM  
**NDAC Town Hall**

8:30 AM - 4:30 PM  
**Exhibit Hall**

9:15 AM - 12:15 PM  
**Kids Camp  
Session 3**

9:15 AM - 12:15 PM  
**Youth & Adult Conference**

9:15 AM - 5:30 PM  
**Siblings Conference**

9:30 AM - 10:30 AM  
**General Workshop  
Cycle 4**

11:00 AM - 12:00 PM  
**General Workshop  
Cycle 5**

10:30 AM - 1:30 PM  
**College Fair**

12:00 PM - 1:30 PM  
**Lunch Meal Plan**

12:00 PM - 1:30 PM  
**Hispanic Lunch**

1:30 PM - 5:30 PM  
**Kids Camp  
Session 4**

1:30 PM - 5:30 PM  
**Youth & Adult  
Conference**

1:45 PM - 3:15 PM  
**General Workshop  
Cycle 6**

3:45 PM - 5:15 PM  
**General Workshop  
Cycle 7**

6:30 PM - 8:00 PM  
**Celebration Dinner**

8:00 PM - 9:30 PM  
**Dance**

## SUNDAY

7:00 AM - 8:00 AM  
**Fitness Class**

8:45 AM - 12:30 PM  
**Kids Camp  
Session 5**

8:00 AM - 12:30 PM  
**Human Trisome Project**

8:15 AM - 12:15 PM  
**Siblings Conference  
Field Trip**

8:15 AM - 12:15 PM  
**Youth & Adult  
Conference  
Talent Show**

9:00 AM - 10:30 AM  
**General Workshop  
Cycle 8**