

SCHEDULE AT A GLANCE

*ALL DETAILS ARE SUBJECT TO CHANGE

THURSDAY

10:00 AM - 8:00 PM
Human Trisome Project

10:30 AM - 7:30 PM
**NDSC Convention
Registration**

12:00 PM - 4:00 PM
**GLOBAL Research &
Medical Roundtable**

4:00 PM - 7:00 PM
Exhibit Hall

4:30 PM - 6:00 PM
**Self-Advocate Council
Meeting & Dinner**

7:30 PM - 8:00 PM
Welcome Session

8:00 PM - 9:30 PM
Family Fun Night

FRIDAY

7:00 AM - 4:00 PM
**NDSC Convention
Registration**

7:00 AM - 8:00 AM
Zumba with Yulissa

7:00 AM - 9:00 AM
Breakfast Meal Plan

7:45 AM - 11:15 AM
Kids Camp Session 1

8:00 AM - 3:00 PM
Educators Conference

8:00 AM - 11:30 AM
**Advocacy Training
Boot Camp**

8:00 AM - 11:00 AM
Deep Dive Sessions

8:30 AM - 4:30 PM
Exhibit Hall

9:00 AM - 8:00 PM
Human Trisome Project

11:00 AM - 12:30 PM
Lunch Meal Plan

11:00 AM - 12:30 PM
Hispanic Lunch

12:30 PM - 5:30 PM
**Kids Camp
Session 2**

12:30 PM - 5:30 PM
**Youth & Adult Conference
Kickoff Party**

12:30 PM - 5:30 PM
**Siblings Conference
Kickoff Party**

12:45 PM - 2:15 PM
**General Workshop
Cycle 1**

2:45 PM - 3:45 PM
**General Workshop
Cycle 2**

4:15 PM - 5:15 PM
**General Workshop
Cycle 3**

6:00 PM - 7:00 PM
Awards Reception

7:30 PM - 8:30 PM
**VIP Reception
*Invite Only**

7:00 PM - 8:30 PM
Sharing Sessions

7:30 PM - 9:30 PM
Dance

SATURDAY

7:00 AM - 8:00 AM
Yoga

7:00 AM - 9:00 AM
Breakfast Meal Plan

8:00 AM - 12:00 PM
**NDSC Convention
Registration**

8:00 AM - 6:00 PM
Human Trisome Project

8:00 AM - 9:00 AM
NDAC Town Hall

8:30 AM - 4:30 PM
Exhibit Hall

9:15 AM - 12:15 PM
**Kids Camp
Session 3**

9:15 AM - 12:15 PM
Youth & Adult Conference

9:15 AM - 5:30 PM
Siblings Conference

9:30 AM - 10:30 AM
**General Workshop
Cycle 4**

11:00 PM - 12:00 PM
**General Workshop
Cycle 6**

10:30 AM - 1:30 PM
College Fair

12:00 PM - 1:30 PM
Lunch Meal Plan

12:00 PM - 1:30 PM
African American Lunch

1:30 PM - 5:30 PM
**Kids Camp
Session 4**

1:30 PM - 5:30 PM
**Youth & Adult
Conference**

1:45 PM - 3:15 PM
**General Workshop
Cycle 6**

3:45 PM - 5:15 PM
**General Workshop
Cycle 7**

6:30 PM - 8:00 PM
Celebration Dinner

8:00 PM - 9:30 PM
Dance

SUNDAY

7:00 AM - 8:00 AM
Fitness Class

8:45 AM - 12:30 PM
**Kids Camp
Session 5**

8:00 AM - 12:30 PM
Human Trisome Project

8:15 AM - 12:15 PM
**Siblings Conference
Field Trip**

8:15 AM - 12:15 PM
**Youth & Adult
Conference
Talent Show**

9:00 AM - 10:30 AM
**General Workshop
Cycle 8**